

November 2009

Class	Nov. 2-6 Nov. 9-13	Nov. 16-20	GPS	Vocabulary	Essential Question	
Kindergarten	Jumping for distance/height Running and jumping Jumping and hopping with hoops	Lummi Sticks Individualization through Movement and Music Thanksgiving Activities	K.1, K.2, K.3, K.5, K.6	jumping, hopping, hoops, distance, height, land, healthy, thankful, pilgrims, turkeys, individualization, rhythm	How many feet are used in jumping? Hopping? How can Tom the Turkey keep me healthy? How can I tap a rhythm? What is individualization?	
First Grade	Jumping for distance/height Running and jumping Hopping with hoops Tom the Turkey	Lummi Sticks Individualization through Movement and Music Thanksgiving Activities	1.1, 1.2, 1.3, 1.5, 1.6	jumping, hopping, hoops, distance, height, land, healthy, thankful, pilgrims, turkeys, fitness, nutrition, individualization, rhythm	How many feet are used in jumping? Hopping? How can Tom the Turkey keep me healthy? How can I tap a rhythm? How can I individualize in mvmt? Music?	
Second Grade	Jumping for distance/height Running and jumping Jumping- through, over, around Tom the Turkey	Rhythms Individualization through Movement and Music Thanksgiving Activities	2.1, 2.2, 2.3, 2.5, 2.6	jumping, hopping, hoops, distance, height, land, healthy, thankful, pilgrims, turkeys, fitness, nutrition, balance, individualization, rhythm	How many feet are used in jumping? Hopping? How can Tom the Turkey keep me healthy? How can I tap a rhythm? How can I individualize in mvmt? Music?	
Third Grade	Turkey Trot Mini Games Variety Stations- muscular strength and endurance	Turkey Trot Thanksgiving Activities Basketball Skills	3.1, 3.2, 3.3, 3.5, 3.6	pace, pacing, target zone, goal, participation, nutrition, muscular, strength, endurance	What is pacing? Did I pace myself today? What parts of your hand do you use to dribble? What 3 actions have to occur to successfully shoot a basketball?	

<p>Fourth Grade</p>	<p>Turkey Trot Mini Games Variety Stations- muscular strength and endurance Partner Fitness</p>	<p>Turkey Trot Thanksgiving Activities Basketball Skills Skill Stations</p>	<p>4.1, 4.42 4.3, 4.5, 4.6</p>	<p>pace, pacing, target zone, heart rate, accuracy, goal, participation, benefit, fitness, daily, nutrition, muscular, strength, endurance</p>	<p>What is pacing? Did I pace myself today? What parts of your hand do you use to dribble? What 3 actions have to occur to successfully shoot a basketball? What is your target zone? How can you reach it?</p>	
<p>Fifth Grade</p>	<p>Turkey Trot Partner Fitness Variety Stations- muscular strength and endurance</p>	<p>Turkey Trot Thanksgiving Activities (11/16) Basketball Skills Skill Stations</p>	<p>5.1, 5.2, 5.3, 5.5, 5.6</p>	<p>pace, pacing, target zone, heart rate, accuracy, goal, participation, benefit, fitness, daily, nutrition, muscular, strength, endurance</p>	<p>What is pacing? Did I pace myself today? What parts of your hand do you use to dribble? What 3 actions have to occur to successfully shoot a basketball? What is your target zone? How can you reach it?</p>	